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Republika ng Pilipinas

Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

OUA MEMORANDUM 00-0322-0146

16 March 2022

For: **Regional Directors
Regional YFD Coordinators
Regional DRRM Coordinators
Schools Division Superintendents Concerned
Division YFD Coordinators Concerned
Division DRRM Coordinators Concerned
School Heads Concerned**

Subject: **PARTICIPATION IN THE CONDUCT OF THE 'HEALTHY YOUNG MINDS PH: THE PODCAST'**

The Office of the Undersecretary for Administration (OUA), through the Disaster Risk Reduction and Management Service (DRRMS), has been campaigning to gain advocates for mental health by increasing awareness and engaging learners in mental health-related programs.

As part of the **World Teen Mental Wellness Day** celebration, DRRMS, together with the Youth Formation Division (YFD), will conduct a podcast titled **'Healthy Young Minds PH: The Podcast' on April 4, 6 & 8 (Monday, Wednesday and Friday)**. This will be broadcast on Spotify, partner local radio stations and other DepEd social media platforms. This activity intends to:

- Increase youth participation in addressing different struggles of a teenager that cause mental health problems.
- Train high school students to provide support to other teens through a story-telling (*kwentuhan*) approach.
- Gain knowledge on the beneficial role of social media in increasing the awareness on teen mental health.

With this, OUA requests the regional offices and Schools Division Offices the following:

Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City
Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207
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- a. Participation of secondary high school students, DepEd personnel, parents and the public by tuning in on the podcast.
- b. Approval on the participation of identified students who will serve as panelists/podcast hosts. *(Please see Annex A.)*

All invited students who will serve as panelists are officers of the National Federation of Supreme Student Governance (NFSSG).


All student panelists are encouraged to participate in the **series of preparatory workshops** to be facilitated by experts on the fields of psychology, podcasting, social media, etc. These activities will be held on **March 21, 2022 (Monday) at 3:00 PM.** *(Please see Annex B.)*

The designated Regional Youth Formation Coordinators (RYFCs) will serve as guardians of the identified student panelists during the preparatory workshops. As guardians, they will address the concerns of the student panelist, including the facilitation and submission of confirmation slip and consent form to DRRMS on or before March 18, 2022. Please furnish a copy to BLSS-YFD. *(Kindly see Annex C & D.)*

All confirmed student panelists are requested also to be excused in the classes that will be affected by the workshops.

For questions and clarifications, please contact Mr. Raymand Sardido of the DRRMS at drmo+mhps@deped.gov.ph and Mr. Matt Gaven Matibag of BLSS-YFD at blss.yfd@deped.gov.ph.

For immediate action.


ALAIN DEL B. PASCUA
Undersecretary



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Annex A. List of Student Panelists/Podcast Hosts

No.	Region	Division	Name of Regional President	NFSSG Position	Grade Level	School Name
1	I	Pangasinan I	Bienesto Fidel A. Junio	President	12	Bayambang National High School
2	II	Isabela	Patrice Mikaela A. Dela Cruz	Board Member	12	Jones Rural School
3	III	Gapan City	Sandara Lorin Del Mundo	Treasurer	12	Juan R. Liwag Memorial High School
4	IV-A	Laguna	Rhainier John Mulimbayan Reyes	Board Member	10	Los Banos National High School - Batong Malaki



No.	Region	Division	Name of Regional President	NFSSG Position	Grade Level	School Name
5	IV-B	Puerto Princesa City	Karylle Rain F. Padon	Board Member	12	Palawan National High School
6	V	Camarines Sur	Mark Leo B. Bengua	Board Member	12	Bao National High School
7	VI	Negros Occidental	Carl Christian Caduhada	Secretary	12	La Castellana National High School
8	VII	Dumaguete City	Julie Ann Velonta	Vice President	12	Ramon Teves Pastor Memorial - Dumaguete Science High School
9	VIII	Baybay City	Juliana Atasia Maaghop	Board Member	12	Baybay City Senior High School
10	IX	Pagadian City	Kris Catherine P. Bautista	Board Member	12	Zamboanga Del Sur National High School- Senior High School



No.	Region	Division	Name of Regional President	NFSSG Position	Grade Level	School Name
11	X	Ozamiz City	Isabella Cassandra S. Ratilla	Board Member	12	Ozamiz City National High School
12	XI	Davao City	Clifford James Danduan	Board Member	12	Dacudao National High School
13	XII	Sultan Kudarat	Moh. Esmail M. Jimlah II	Board Member	12	Isulan National High School
14	CAR	Baguio City	Gian Franscine Z. Lampaz	Auditor	10	Pines City National High School
15	NCR	Caloocan City	John Edward Navor Eugenio	Protocol Officer	12	Caloocan High School
16	CARAGA	Tandag City	Bryl Malabanan Gamaya	Board Member	12	Tandag National Science High School



No.	Region	Division	Name of Regional President	NFSSG Position	Grade Level	School Name
17	BARMM	Cotabato City	Niko Gumapac	Public Information Officer	12	Cotabato City National High School



Annex B. Schedule of Preparatory Workshops

Activity	Date	Person In-charge
<p>Orientation and Briefing of the Student Panelists for the Podcast</p> <p>'Psychoeducation on Teen Mental Health'</p> <p><i>*Please note that your episode assignment will be given during the orientation.</i></p>	<p>March 21, 2022</p> <p>3:00-5:00 PM</p>	<p>DRRMS MHPSS</p> <p>Mr. Dan Paolo Yema</p> <p>Registered Psychologist</p>
<p>Workshop on How to Develop Social Media Content for Teen Mental Health Awareness</p>	<p>March 22, 2022</p> <p>3:00-5:00 PM</p>	<p>Riyan Portoguez</p> <p>Millennial Psychologist</p> <p>YMP Lead</p>
<p>Workshop on the Development and Conduct of Podcast</p>	<p>March 23, 2022</p> <p>3:00-5:00 PM</p>	<p>Student Panelists/Podcast Hosts</p> <p>Gian & Pat</p> <p>Podcast Host</p> <p>Feelings Explained</p>
<p>Rehearsals</p>	<p>March 25, 2022</p> <p>3:00-5:00 PM</p>	<p>Student Panelist/Podcast Hosts</p>



Activity	Date	Person In-charge
Podcast Recordings	Episode 1: March 28, 2022 (3:00-5:00 PM) Episode 2: March 29, 2022 (3:00-5:00 PM) Final Episode: March 30, 2022 (3:00-5:00 PM)	Student Panelists/Podcast Hosts
National Broadcast of the Healthy Young Minds PH: The Podcast on Spotify and Other DepEd Social Media Accounts	Episode 1: April 4, 2022 (11:00 AM) Episode 2: April 6, 2022 (11:00 AM) Final Episode: April 7, 2022 (11:00 AM)	



Annex D. Confirmation Sheet

CONFIRMATION SHEET

Please fill-up the attached Confirmation Sheet and kindly send it to drmo+mhps@deped.gov.ph and copy furnish blss.yfd@deped.gov.ph to officially confirm your participation in **Healthy Young Minds PH: The Podcast** that will commence on **March 21, 2022 (Monday)**.

The Confirmation Sheet should be sent on or before **March 18, 2022**. Please use the email subject '**[CONFIRMATION] (Your Name)_Healthy Young Minds PH: The Podcast**'

For further inquiries and/or clarification, you may contact **Mr. Raymand Sardido** through 09155952415.

Thank you very much!

<i>Full Name for the Certificate (First Names, Middle Initial, Last Name)</i>	
<i>Nickname</i>	
<i>Sex</i>	
<i>Date of Birth</i>	
<i>Mobile Number</i>	
<i>E-mail Address</i>	
<i>School/Institution</i>	
<i>Grade Level</i>	
<i>Name of Regional YFD Coordinator</i>	
<i>Contact No. of Regional YFD Coordinator</i>	
<i>Learner's Messenger Account</i>	
<i>Organization (if applicable)</i>	
<i>Role in Organization (if applicable)</i>	
<i>Signature</i>	

(Please fill up the form above legibly and send a signed copy on or before the assigned confirmation dates.)



Annex D. Consent Form

(To Be Completed by Student Panelist)

I agree to participate in the event with the following details:

Event Title: *Healthy Young Minds PHL: The Podcast*

The Office of the Undersecretary for Administration (OUA), through the Disaster Risk Reduction and Management Service (DRRMS), has been campaigning to gain advocates for mental health by increasing awareness and engaging learners in mental health-related programs.

While the threat of the pandemic remains, continuous mental health and psychosocial support must be provided to the learners. This March, the **World Teen Mental Health** is being celebrated. This is an opportunity to highlight the voice of the youth by providing an avenue for them to share their stories and thoughts about mental health.

As part of the **World Teen Mental Wellness Day** celebration, DRRMS, together with the Youth Formation Division (YFD), will conduct a podcast titled '**Healthy Young Minds PH: The Podcast**' on **April 4, 6 & 8 (Monday, Wednesday and Friday), 2022**. This will be broadcast on Spotify, partner local radio stations and other DepEd social media platforms.

This activity intends to:

- a. Increase youth participation in addressing different struggles of a teen that cause mental health problems.
- b. Train high school students to provide support to other teens through a story-telling (*kwentuhan*) approach.
- c. Gain knowledge on the beneficial role of social media in increasing the awareness and advocacies on teen mental health.

Student Panelist/Podcast Host Responsibilities:

1. Participate in the preparatory workshops to be facilitated by experts on the fields of psychology, podcasting, arts, etc. These activities will be held on March 21, 2022 (Monday) at 3 PM.
2. Share thoughts and experiences on the assigned topic per episode.
3. Commit to participate in the rehearsals before the actual recording.
4. Attend the actual podcast recordings based on the assigned episode.
5. Provide a review and comments on the final output.
6. Help in the promotion of the podcast to fellow learners.



Consent

I agree to give permission to the **DepEd-DRRMS** and its representatives to make recordings of my voice and to take photographs and/or videos in which I appear in at the event and location stated above, to be used for the communications and various public campaigns of the Department be it in print, broadcast and/or electronic media.

I grant and convey to DepEd DRRMS the rights, titles, and interests in any and all photographic images, videos or audio recordings which will be shared during my presentation including, but not limited to, the right to use, reproduce, exhibit/display, distribute and create derivative works of these images and recordings in any media now known or later developed. I understand that the photos and videos may be used for promotional materials and presentations. I agree that all such documents, portraits, pictures, photographs, video and audio recordings and any reproductions thereof shall remain the property of DepEd DRRMS unless otherwise noted.

I grant and convey to DepEd-DRRMS to include my name and photo in any promotional materials regarding the podcast.

I expect and know that DepEd-DRRMS will, at all times, observe the Child Safeguarding Policy to ensure my safety and well-being while taking part in the activity. However, I understand that participation in the activity carries with it certain risks that are beyond the control of the organization. Should anything harmful happen to me, I understand that I can report to Mr. Raymand Sardido (DRRMS) and Mr. Matt Matibag (YFD) who are the people that I trust to take immediate action regarding my report.

I expect to assume roles that are fit to my interests and capacity, specifically those identified in the terms of reference and I understand that I have the right to withdraw my commitment to the activity, especially if I feel uncomfortable being involved in it.

I volunteer because I understand and support the purpose and objectives of the activity. I believe that my involvement in this activity will be beneficial to other children and will help develop my knowledge and skills. For things I don't understand, I will ask the program secretariat to clarify the objectives of the activity for me.

Signed by:

(Signature over printed name of Student Panelist)

Date Signed: _____

(Signature over printed name of Parent/Guardian)

Date Signed: _____

Verified by:

Signature over printed Name of Principal/Teacher Adviser

Date Signed: _____

